

MONTH 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/8 weeks off <i>BLED & WORMED</i>	<i>Shoes (Hack)</i> Jog 10/15 mins <i>On the lead</i>	Jog 10/15 mins	1 Jog 10/15 mins	2 Jog 10/15 mins	3 Jog 15 mins	4 Jog 15 mins
5 <i>Day Off</i>	6 Jog 15 mins in the cart	7 Jog 15 mins	8 Jog 20 mins lead	9 Jog 20 mins lead	10 Jog 20 mins lead	11 Jog 20 mins cart
12 <i>Day Off</i>	13 Jog 20 mins	14 Jog 20 mins	15 Jog 20 mins	16 Jog 20 mins	17 Jog 25 mins	18 Jog 25 mins in the cart
19 <i>Day Off</i>	20 Jog 25 mins cart	21 Jog 25 mins	22 Jog 30 mins	23 Jog 30 mins	24 Jog 30 mins	25 Jog 30 mins
26 <i>Day Off</i> <i>WORMED</i>	27 Jog 30 mins lead (shoes removed and replaced)	28 Jog 30 mins	29 Jog 30 mins	30 Jog 30 mins	31 Jog 30 mins cart	

MONTH 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <i>Jog</i> 30 mins <i>cart</i>
2 <i>Jog</i> 30 mins <i>lead</i>	3 <i>Jog</i> 30 mins	4 <i>Jog</i> 30 mins	5 <i>Jog</i> 30 mins	6 <i>Jog</i> 30 mins 20 x 10 <i>lead</i>	7 <i>Jog</i> 30 mins	8 <i>Jog</i> 30 mins 20 x 10 <i>lead</i>
9 <i>Jog</i> 30 mins <i>lead</i>	10 <i>Jog</i> 30 mins SHOES	11 <i>Jog</i> 30 mins 20 x 10 <i>cart</i>	12 <i>Jog</i> 30 mins	13 <i>Jog</i> 30 mins 20 x 10 <i>cart</i>	14 <i>Jog</i> 30 mins	15 <i>Hopple</i> 2 mile 4½ x 15
16 <i>Jog</i> 30 mins	17 <i>Hopple</i> 2 mile 4½ x 15	18 <i>Jog</i> 30 mins	19 <i>Hopple</i> 3 x 15 4.55 1 x 10 2 mile	20 <i>Jog</i> 30 mins	21 <i>Hopple</i> 2 mile 4.50 2 x 15 2 x 10	22 <i>Jog</i> 30 mins
23 <i>Hopple</i> 3.40 / 3.35	24 <i>Jog</i> 30 mins <i>lead</i>	25 <i>Jog</i> 30 mins 2 x 10 mins <i>lead</i>	26 <i>Hopple</i> 3.40 / 3.35	27 <i>Jog</i>	28 <i>Jog</i> 20 x 10	29 <i>Hopple</i> 3.40 / 3.30
30 <i>Jog</i>	31 <i>Jog</i> 20 x 10 SHOES					

MONTH 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <i>Hopple</i> 3.40 / 3.30	2 <i>Jog</i>	3 <i>Jog</i> 20 x 10	4 <i>Hopple</i> 3.40 / 3.30 <i>Lyte Now</i>	5 <i>Jog</i>
6 <i>Jog</i> 20 x 10	7 <i>Hopple</i> 3.40 / 3.25	8 <i>Jog</i>	9 <i>Jog</i>	10 <i>Hopple</i> 3.40 / 3.25 <i>Lyte Now</i>	11 <i>Jog</i>	12 <i>Jog</i> 20 x 10
13 <i>Hopple</i> 3.40 / 3.25 <i>Lyte Now</i>	14 <i>Jog</i>	15 <i>Jog</i>	16 <i>Hopple</i> <i>Saline</i> 3.40 / 3/20 10 - 8 - 2	17 <i>Jog</i>	18 <i>Jog</i>	19 <i>Hopple</i> 3.40 / 3.25
20 <i>Jog</i>	21 <i>Jog</i> 20 x 10 SHOES	22 <i>Hopple</i> 3.40 / 3.25	23 <i>Jog</i>	24 <i>Jog</i> 20 x 10	25 <i>Hopple</i> <i>Saline</i> 33.40 / 3.15 10 - 5 - 1	26 <i>Jog</i>
27 <i>Jog</i>	28 <i>Hopple</i> 3.40 / 3/25 <i>Lyte Now</i>	29 <i>Jog</i>	30 <i>Jog</i> 20 x 10			

MONTH 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hay of a Day	Feed: Morn: 1 K.G. Oats Lunch 2 K.G. Stud Mix Night 2 K.G. Stud Mix 3 K.G. Sweet Feed ½ Corn salt			1 <i>Hopple</i> 3.40 / 3.25 <i>Lyte Now</i>	2 <i>Jog</i>	3 <i>Jog</i> 20 x 10
4 <i>Trial</i> <i>Saline</i>	5 DAY OFF	6 <i>Jog</i>	7 <i>Jog</i> 20 x 10	8 <i>Hopple</i> 3.40 / 3.25 <i>Lyte Now</i>	9 <i>Jog</i>	10 <i>Jog</i> 20 x 10
11 <i>Trial</i> <i>Saline</i>	12 <i>Walk</i> SHOES	13 <i>Jog</i> Lead 30 mins	14 <i>Hopple</i> <i>Lyte Now</i> 2 mile 4.50 2 x 15 / 2 x 10	15 <i>Jog</i> 30 mins	16 <i>Jog</i> 20 x 10	17 <i>Hopple</i> <i>Saline</i> 3.40 / 3/20 10 – 8 - 2
18 <i>Jog</i> 30 mins lead	19 <i>Jog</i> 30 mins lead	20 <i>Hopple</i> 3.40 / 3.25 <i>Lyte Now</i>	21 <i>Jog</i> 30 mins lead	22 <i>Jog</i> 20 x 10	23 RACE	24 DAY OFF
25 <i>Jog</i>	26 <i>Jog</i>	27 <i>Hopple</i> 3.40 / 3.25 <i>Lyte Now</i>	28 <i>Jog</i>	29 <i>Jog</i> 20 x 10	30 RACE	31 DAY OFF